

12. Sleep and Rest Policy & Procedure

12.1 Statement

Wyke Community and Children's Centre are aware of the importance of sleep and rest for young children.

12.2 Implementation & Procedure

We recognise that all children are different and while some may want to sleep, others may not, because of this we do not have a set time in the day that we put children down to sleep.

If a child needs to sleep we have quiet areas in which they can do so. Should a parent/carer make a request for their child to have a sleep during the day, then we will do what we can to ensure that their wishes are carried out.

12.3 Roles and Responsibilities

All childcare employees are responsible for ensuring that they understand and follow this policy and procedure.